



The St. Cloud Aquatic Team, a non-profit swim team and U.S. Swimming affiliate, welcomes swimmers of all ages. Participants 10-under must swim the length of the pool (25 yards) with a crawl and/or back stroke. Swimmers age 11 and over must be able to swim front crawl with side breathing, back crawl and breaststroke. Emphasis is placed on developing swim skills, speed, endurance and technique for all swimmers. Swimmers will have the opportunity to participate in U.S. sanctioned swim meets.

SCAT is a year-round USA competitive swim team. All of our coaches are certified USA swimming Coaches. The Saint Cloud Aquatics Team is a great place for High School and College age swimmers to continue developing their technique and prepare for their swim season.

For information :

website: <http://www.scat1.org>

e.mail : saintcloudaquaticsteam@yahoo.com

pool location : 3001 17th St. St. Cloud, FL 34769

phone : 407-301-0070

Swim Fees per season is \$120

USA Swim League Fees is \$58 per year (paid yearly)

SWIM SEASONS ARE: (you may join at any time during the swim season)

SPRING:	March, April, May
SUMMER:	June, July, August
FALL:	September, October, November
WINTER:	December, January, February

Don't miss the Fun! Get into the SWIM of things today!!